

APPLICATION

Meals on Wheels – Lutheran Community Services
3848 S. Junett St. • Tacoma, WA 98409 • 253-272-8433 • 1-800-335-8433

NAME _____ AGE _____ Please circle: M / F

ADDRESS _____ APT# _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ MESSAGE PHONE _____

Race/ Ethnicity:

Caucasian Hispanic/ Latino Asian
 Black/African American Native Hawaiian/Pacific Islander Other _____

Emergency Contact: _____
(Name, relationship, phone)

Doctor _____ Phone _____

How did you hear about Meals on Wheels _____

| | YES | NO |
|---|-----|----|
| DO YOU LIVE ALONE? | | |
| IF NOT DOES ANYONE ELSE IN THE HOUSEHOLD REQUIRE MEALS? | | |
| ARE YOU ABLE TO GET AROUND YOUR HOME? | | |
| ARE YOU ABLE TO GET OUTSIDE? | | |
| ARE YOU ABLE TO SHOP FOR GROCERIES? | | |
| DO YOU HAVE AN OVEN (CONVENTIONAL OR MICROWAVE)? | | |
| ARE YOU ABLE TO OPERATE YOUR OVEN INDEPENDENTLY? | | |
| DO YOU HAVE ADEQUATE FREEZER SPACE TO STORE AT LEAST SEVEN (7) MEALS AT A TIME? | | |
| ARE YOU ON A SPECIAL DIET? IF YES, WHAT KIND OF DIET? | | |

If you received help with this application, please have that person complete the following:

Name: _____ Relationship to Applicant: _____

Home Phone: _____ Message Phone: _____

APPLICANT'S SIGNATURE _____ DATE _____



Health. Justice. Hope.

South Puget Sound Office

3848 S. Junett St.
Tacoma, WA 98409

Phone: 253/272-8433
Fax: 253/597-6456

www.lcsnw.org/tacoma

Home Care

Meals on Wheels

Senior Companion Program

Memory Café/Zoo Walk

RSVP Pierce County

Senior Friends

Senior Media Services

Seniorscene.org

Where to Turn Guide

Santa for Seniors

Dementia Services

AUTOMATIC PAYMENT AUTHORIZATION

PLEASE PRINT

CARDHOLDER INFORMATION:

Name as it appears on card: _____

Billing Address: _____

CITY STATE ZIP

Credit Card Type: VISA MASTERCARD DISCOVER

Card Number: _____

Expiration Date: _____ Phone Number: _____

CLIENT INFORMATION:

Client Name: _____

Client Address: _____
CITY STATE ZIP

I authorize Lutheran Community Services Northwest to automatically charge my credit card for services rendered. I authorize automatic payments to begin immediately if a balance is due or monthly as services are rendered for the above referenced client.

This authorization will remain in effect until I have notified Lutheran Community Services Northwest in writing canceling this agreement. I understand that I am responsible and liable for all authorized transactions made under this agreement.

CARDHOLDER SIGNATURE

CARDHOLDER PRINTED NAME

DATE



A United Way Agency



"Lutheran Community Services Northwest partners with individuals, families and communities for health, justice and hope."



LUTHERAN COMMUNITY SERVICES
 3848 S. Junett Street Tacoma* 98409
 MEALS ON WHEELS MENU
 Direct: 253-722-5684 Fax: 253-597-6456

Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Date Ordered: _____ Scheduled Delivery Date: _____

New Freedom Copes Private Pay Marie's Purse Other _____

| Order Qty | Diet | Item # | Meal Description |
|-------------------|----------|--------|---|
| | R | 4 | Macaroni with Cheese Sauce and Green Beans |
| | | 57 | BBQ Chicken Patty with Rice and Beans |
| | R D | 13 | Braised Beef with Mashed Potatoes and Gravy, Peas and Carrots |
| | H D | 42 | White Turkey ala King, with Rice & Peas |
| | D | 20 | Meatloaf, Mashed Potatoes, Beef Gravy, Green Beans |
| | D | 56 | Meat Lasagna with Green Beans |
| | R | 88 | Bean & Cheese Burrito with Rice and Corn |
| | | 60 | Spaghetti and Meatballs |
| | | 6 | Creamy Chicken Alfredo with Pasta and Peas |
| | LS H R D | 77 | Breaded Fish Patty with Rice and Vegetable |
| | D | 3 | BBQ Beef Sloppy Joe with Potatoes and Vegetables |
| | R D | 64 | Chicken Patty with Ranchero Sauce, Rice and Green Beans |
| | | 26 | Creamy Tuna Casserole with Pasta and Vegetables |
| | LS H D | 53 | Baked Ziti with Tomato Sauce |
| | | 19 | Meat Chili with Rice and Vegetables |
| | | 1 | Chicken Enchilada with a Rice Melody and Vegetables |
| | LS H D | 660 | Beef Pepper Steak with Rice |
| | LS H R D | 62 | Turkey & Mashed Potatoes |
| | D | 72 | Chicken Fried Beef Patty with Mashed Potatoes & Gravy |
| | H R D | 12700 | Turkey Chili with Rice and Vegetables |
| | LS H R | 7 | Chicken Teriyaki with Rice & Vegetables |
| | R D | 68 | Salisbury Steak with Gravy, Mashed Potatoes & Vegetables |
| | H D | 5 | Beef & Turkey Cheese Pizza Wrap with Potatoes & Carrots |
| | LS H R D | 66 | Beef Vegetable Stew with Rice & Carrots |
| BREAKFASTS | | | |
| | H R D | 30 | Cheesy Egg Omelet with Sweet Rice and O'Brien Potatoes |
| | LS H R D | 35 | Breakfast Burrito with Ranchero Sauce & Sweet Rice |
| | LS H R D | 43 | Turkey Sausage Patty, Scrambled Eggs and Potatoes |
| | LS H R D | 37 | Apple Pie Burrito, Scrambled Eggs, Potatoes O'Brien |
| | R D | 40 | Biscuits and Gravy with Ground Beef and O'Brien Potatoes |
| | H R D | 803 | Huevos Rancheros with Cheesy Grits |

(All meals are made according to senior nutrition guidelines. They all come with a roll, margarine pat & nonfat dry milk packet)

0 Total Qty. **\$0.00** Total Cost Received by: _____