

Music Mends Minds 3 X per week music - must RSVP

Because of these difficult times, none of our bands are able to meet in person because of social distancing. Music Mends Minds has found a solution to continue to do our amazing work **remotely** of bringing music our seniors with dementia, Alzheimer's, Parkinson's, traumatic brain injury, PTSD, and stroke.



Come make music with us, have fun, and be with new musical buddies ONLINE from around the world!

We are offering 3 musical sessions weekly on **Zoom**, led by a **Board-Certified Music Therapist from the Meli Music team**. The online groups will include songs from the MMM music inventory, vocal exercises, and an opportunity for our musicians and singers to stay and play together.

We will meet on Monday, Wednesday, and Friday, from 1:00 to 1:45 PM (Pacific Standard Time).

This is a free service to you! All are welcome! We will walk you through all technical aspects!

Please RSVP by text or email to inform us whether you would like to be included in these music sessions!

Phone (Carol Rosenstein): **(818) 326-0500**

Email: info@musicmendsminds.org

How to Join Our Zoom Sessions:

IF YOU HAVE ZOOM INSTALLED:

. Click the link here: <https://zoom.us/j/6378877508>

IF YOU DO NOT HAVE ZOOM INSTALLED:

Windows/Apple Computer:

. Click the link here: <https://zoom.us/j/6378877508>

. Click "Download & Run Zoom"

. Click the "Zoom...exe" OR "Zoom...pkg" file that appears at the bottom of your browser

. Follow the on-screen instructions to enter your name

. ONLY if prompted, enter Meeting ID: **637 887 7508**

. If no video pops up, click "Join" and enter Meeting ID: **637 887 7508**

Apple iPhone/iPad/Tablet:

. Tap the link here: <https://zoom.us/j/6378877508>

. Tap "Download from AppStore"

. Tap "GET" on the ZOOM Cloud Meetings Page to install ZOOM

. Tap & Open the ZOOM app on the Home Page

. Click "Join a Meeting"

. Enter Meeting ID: **637 887 7508** then tap Join

. If you would like to, enter your name on the second line